

TRIVIA QUESTION OF THE MONTH



Congrats to ONT driver Nasir Ali who correctly answered the April Trivia Question... Batting clean-up in the RJR lineup of safe driving tips was "Maintain a Safe Following Distance!"

May Question

According to the article on the front page of this newsletter...what does OTC stand for?

Submit your answer by contacting Rob Leetham:
robl@rjrtransportation.net Phone 209.858.1124
cell 209.256.9271 fax 209.858.1134

Correct answers will be entered in a drawing to win a \$25 Chili's Restaurant Gift Certificate



You're gonna need this to back in...

GOAL

Get Out And Look!

REBECCA'S CORNER



Happy Birthday!

Sal Portillo	May 05	HAY
Jesse Gonzales	May 07	SCK
Joe Ayala	May 13	LAM
Rem Regan	May 19	LAM
Ruben Garcia	May 21	HAY
Faustino Perez	May 22	ONT
Alfredo Penez	May 23	HAY
Leighton Scott	May 27	LAM



Company Anniversaries

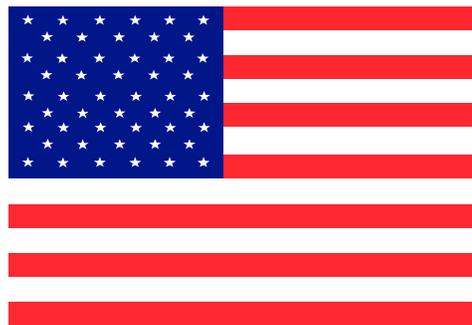


Doeut Yun 3 Years! LAM

SURPRISE! SECRET GIFT! WINNER! CONGRATULATIONS!

IF YOUR NAME IS HANDWRITTEN BELOW CALL ROB L. or REBECCA by Thurs 05/24 to REDEEM YOUR PRIZE!

(209) 858-1124. _____



Memorial Day May, 28



SAFETY IS NO ACCIDENT



Over-the-Counter Medications

When you receive over-the-counter medications, make sure you understand what you are taking and what effects it may have on your body. Although many of the drugs are taken to provide relief, they may cause a safety risk, and, possibly cause a driver to be classified as disqualified.

Over-the-counter medicines are also known as OTC or non-prescription medicines. All these terms mean the same thing...medicines that you can buy without a prescription form a healthcare professional. Each OTC medicine has a **Drug Facts** label to guide you in your choices and to help keep you safe. OTC medicines are serious medicines and their risks can increase if you don't choose them carefully and use them exactly as directed on the label.

- Read medication labels and potential side effects.
- Pay specific attention to your body's reactions when taking medications.
- Consult your physician if you are taking more than one type of medication.
- At any time you feel unable to safely operate your motor vehicle, let someone know right away.



Remember that you, as a commercial motor vehicle driver, are responsible to ensure that you are physically able to drive your vehicle safely.