



SAFETY IS NO ACCIDENT



C.O.A.S.T.

We are all on a time schedule, we are all busy. It seems like traffic, deadlines, inconsiderate motorists, anxious customers and red stoplights all conspire against us sometimes. What is a safety conscience truck driver to do? May I suggest...C.O.A.S.T. Of course I am not suggesting we relax to the point of missing those deadlines. However, using the safety suggestions listed below will help us (and our vehicles) arrive back at the terminal in one piece.

Concentration. A little more concentration on the task at hand, whether it be driving or moving freight, can go a long way in keeping you accident free.

Observation. Observing your surroundings and recognizing potential hazards.

Anticipation. Anticipate what could go wrong in each situation you encounter.

Space. Increase your following distance, be aware of the space necessary on all sides of your vehicle, and create a safety space around *you* while working on the dock as well.

Take your time. Take your time doesn't imply you should take a nap under a tree while that deadline is approaching! It means take the time necessary to get the job done in a safe and efficient manner. Your safety is our number one goal...safety while driving your truck, safety while working on the loading dock.

Rob Leetham – Director of Safety



TRIVIA QUESTION OF THE MONTH



Congratulations to Nasir Ali who correctly answered the March Trivia Question...It's TRUE, when using a fire extinguisher you should aim at the base of the fire using a sweeping, side to side motion.

April Question

According to the article on the front page, what does the letter "A" in C.O.A.S.T. stand for?

Submit your answer by contacting Rob Leetham:
robl@rjrtransportation.net Phone 209.858.1124
cell 209.256.9271 fax 209.858.1134

Correct answers will be entered in a drawing to win a \$25 Chili's Restaurant Gift Certificate

SURPRISE! SECRET GIFT! WINNER! CONGRATULATIONS!

IF YOUR NAME IS HANDWRITTEN BELOW CALL ROB L. or REBECCA by Thurs 04/27 to REDEEM YOUR PRIZE!

(209) 858-1124. _____

"The greatest asset of America today is not its fertile fields, its rich ores, its completely equipped factories or its millions in currency. The greatest asset in America is the American people. The greatest possible field for economy is not in saving materials but in promoting the safety of our people. The future of the safety movement is not so much dependent upon the invention of safety devices as on the improvement of methods of educating people to the ideal of caution and safety."

*Walter Dill Scott, letter to
The National Safety Council, 1921*

REBECCA'S CORNER



Happy Birthday!

Rob Leetham	Apr 02	Corp
Jorge Rodriguez	Apr 08	ONT
Francisco Rodriguez	Apr 13	LAM
Francisco Orantes	Apr 20	ONT
Uwe Petersen	Apr 21	ONT
Neil Adams	Apr 24	ONT
Jim Moore	Apr 25	LAM
Alex Gonzalez	Apr 25	RJRH
Venu Nair	Apr 27	RJRH



Company Anniversaries

Larry Eldridge	16 Years!	ONT
Vicente Guerra	6 Years!	MIP
Ed Vint	6 Years!	RJRH
Ricky Reynoso	4 Years!	LAM
Emmanuel Nogot	3 Years!	ONT
Anthony Flores	3 Years!	LAM
Aresh Omar	2 Years!	ONT

Happy Easter!

